



SPRING & SUMMER TIMES 2024

DIGGING IN TOGETHER

ISSUE 46

FREE. TAKE ME!

IN THIS ISSUE

DISCOVER OUR NEW
LIQUID SUPERFOOD
RANGE P.5

JOIN US ON OUR SPRING
ROAD TRIP! P.5

PICK YOUR
PERFECT TOMATO P.6

READ ANSWERS TO
COMMON GARDEN
QUESTIONS P.8

SOW THE SEEDS
OF SUMMER P.12

GROW A THREE
SISTERS GARDEN P.14



Photo credit: @poppysfarmyard

After reading, tear me up and put in with your kitchen and garden waste!



Cover photo credit: @poppysfarmyard

LET'S DIG IN!

TUI SPRING / SUMMER TIMES 2024



7

Top 5 hard to kill indoor plants



9

Digging into the spring garden



11

10 ways to garden as a family



12

Spring garden checklist



15

Create a picking garden

JOIN OUR ONLINE COMMUNITY OF OVER 145,000 KIWI GARDENERS!

Follow us on:

f TuiGarden and
@tuigardenandhome
@tuigardenandhome

Share how you're digging in & win!

We'd love to share in your garden journey and see how you're 'digging in' this season! Share your snaps with #myprideofplace on Instagram to be in to win a bumper garden pack to keep your garden growing all summer.

Tag @tuigardenandhome in your stories to be featured!

Entries close 30th November 2024!





Poppy - @poppysfarmyard

GROWING THROUGH THE SEASONS AT POPPY'S FARMYARD

We caught up with our garden gal Poppy to see what she's up to in her Central Otago garden this season. Be inspired by Poppy's plans and follow along on Instagram @poppysfarmyard as she brings them to life.

Winter is slow to ease off here; Jack Frost lingers even as the daylight extends, and often visits the garden into early December. As the days grow longer my excitement builds and my brain fills with ideas for the seasons ahead.

My garden is a constant work in progress and this season is no exception. I will have a new terrace built into the slope which, all going well, will consist of four or five raised beds and a berry cage! This development will open up a lot more space to grow edibles and ornamentals. The possibilities feel endless and I've been planning out the plantings like crazy over winter.

With all this new space I'd love to grow more crops that I can store and use in the kitchen all year round. Rows of Roma tomatoes for saucing, cucumbers for pickles, beans for drying, greens for blanching and freezing. Growing preservation crops like tomatoes and cucumbers on the new terrace means space in my polytunnel can be reserved for heat-loving crops such as eggplants and peppers - yay!

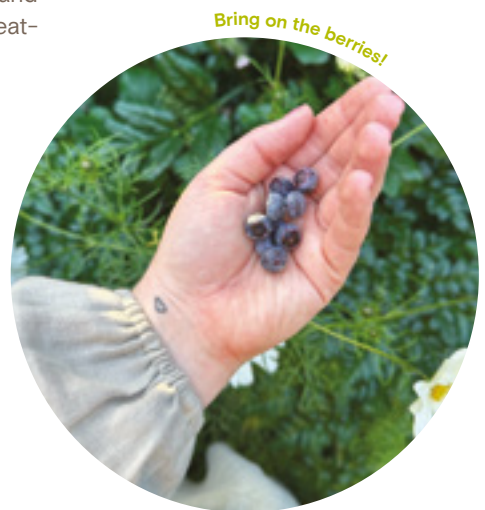
The berry cage will be a totally new experience for me! Previously, I didn't have the space to grow many soft fruits, and my knowledge is mostly limited to container growing. This opportunity to learn and grow with the garden really motivates me. Boysenberries, blueberries and raspberries have my heart, so they'll be the first thing I plant in there.

I can't forget about ornamentals either, I plan to reserve one or two of the new beds for flowers. Sweet peas, snapdragons, cornflowers, nigella, dahlias - anything I can pick and take inside! I'd quite like to experiment with strawflowers and statice for drying too. There's a lot to look forward to!

Spring and summer is a joyous time to be in the garden. Each new growing season is a chance for education, discovery, satisfaction, and happiness - something can be gained from every high and low point. I can't wait to see what this season will give us!



Poppy will be growing more crops to preserve.



Bring on the berries!

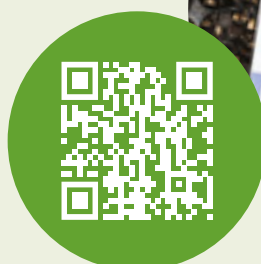


Summer blooms from Poppy's garden

POPPY'S PRODUCT PICK

My #1 spring and summer must have is the Tui Seeds range! The germination rates are amazing and all the varieties are reliable growers. Success is much easier when you're growing from good seed.

Learn more here!



DIGGING IN TOGETHER

At Tui we've been digging in since ages ago. That's hundreds of tall tales, small fails and dirt-under-the-nails. Hundreds of planted seeds, pulled weeds and fertiliser feeds.

As Kiwis we love digging in, with the can do, care and ingenuity that's in all of us.

So lets dig in together shall we? As Kiwis, as gardeners, as Tui.



Tui Seaweed Refill Station

DIGGING IN WITH THE RIGHT PRODUCTS.

We know how to get things growing and continue to innovate with products to get the job done.



DIGGING IN FOR THE FUTURE.

We're on a journey to be more sustainable in the way we work and the products we produce. Follow our latest sustainability journey updates on page 10.



DIGGING IN WITH ADVICE AND INSPIRATION THAT'S SIMPLE AND ACCESSIBLE.

Helping Kiwis grow and learn in the garden, providing the guidance to bring ideas to life.



The Tui team creating new veggie beds at Gate Pā School

DIGGING IN FOR GOOD.

Getting involved in the community and supporting the next generation of Kiwi gardeners through our Garden to Table partnership.



@poppysfarmyard

DIGGING IN TOGETHER.

Encouraging you to get stuck in, and creating a community of gardeners that share and grow together.

WE'VE GOT EVERYTHING YOU NEED TO DIG INTO YOUR GARDEN FOR PLENTIFUL HARVESTS!



- Choose a sunny, sheltered area in your garden.
- When choosing your crops consider the amount of garden space you have, along with veges you and your family enjoy eating and cooking with!
- Essential spring crops include: lettuce, spinach, beetroot, peas, spring onions, and fragrant herbs like coriander, basil and mint!
- Prepare your soil with organic matter like compost and sheep pellets.
- Add a layer of **Tui Vegetable Mix** to plant into.
- Feed regularly with **Tui Vege & Herb Liquid Superfood** – supercharged for quick visible results and keep your veges well watered as they grow.

- Tomato planting starts from September, with Labour weekend being traditional tomato planting time.
- Select a tomato based on your taste and cooking preferences, along with the space you have.
- Choose a sunny spot and prepare your soil with compost or sheep pellets.
- Add a layer of **Tui Tomato Mix**, formulated with extra potassium to encourage a plentiful harvest of big juicy fruit.
- Feed every four weeks with **Tui Tomato Liquid Superfood** for bigger, tastier and more abundant tomatoes.
- Water your tomatoes (avoiding the leaves!) deeply and regularly, especially as it warms.

- Pick a citrus variety based on your garden and cooking needs.
- Choose a consistently sunny spot sheltered from cold winds. Spring is a great time to plant once frosts have finished.
- Prepare your soil with organic matter like compost and sheep pellets.
- Add a layer of **Tui Citrus & Fruit Mix** to plant into.
- Feed your citrus in spring and summer with **Tui Citrus & Fruit Liquid Superfood** to encourage maximum fruiting and flowering.
- Mulch and water well, particularly over the warmer months.

Tui Tip! As your tomatoes grow, remove the laterals to encourage bigger and better fruit. Laterals are the shoots that grow out from the side of the stem.

JOIN OUR DIGGING IN ROAD TRIP

The Tui Team are hitting the road and visiting stores around the country on our Digging In Roadtrip! Join us to chat all things gardening and spin our winning wheel for your chance to win awesome prizes and product for a thriving spring garden.

Join us...

August

Whangārei,
Auckland

September

Hamilton, Cambridge, Te Awamutu,
Tauranga, Rotorua, Taupō, Palmerston
North, Whanganui, Wellington

October

Nelson, Christchurch, Dunedin,
Wānaka, Invercargill.

Visit tuigarden.co.nz for a full list of locations, dates, and times. We look forward to seeing you!





GROW TOMATOES FOR SUMMER!

Tomato season is just around the corner! Spring is the perfect time to plant tomatoes for summer salads, sandwiches and snacking straight off the vine. Tomato varieties vary in size, colour and flavour. Choose a variety based on how you like to enjoy them!



SMALL & SWEET

Sweet 100 – growing on a vigorous bushy plant, Sweet 100 produces an abundance of sweet and juicy cherry sized tomatoes perfect for salads and summer snacking.

Gold Nugget – a golden cherry tomato that produces delicious tomatoes both quickly and prolifically. Grows to 100cm.

Black Cherry – a dark cherry tomato, producing an abundance of sweet rich flavoured fruit on a tall plant.

CLASSICS

These tried and true varieties pack a flavour punch and deliver in abundance.

Money Maker – a reliable tall growing variety and heavy producer of a smooth, medium sized flavoursome tomato. Ideal for pickling and preserving.

Beefsteak – a very popular and reliable tomato which produces large, tasty tomatoes. Will need staking.

Russian Red – reliable in cooler climates, Russian Red is a hardy tomato producing heavy crops of good flavoured round fruit making it perfect for sauces, preserving and pickling.



SOMETHING A BIT DIFFERENT

Try mixing up shapes and colours for something fun.

Bloody Butcher – a heirloom variety of tomato produces medium sized, deep-red skinned flavoursome tomatoes that ripen quickly large, tasty – ideal for areas with a shorter summer.

Indigo Fireball – one of the most interestingly coloured tomatoes available, the delicious yellow fruit features indigo pigments that are high in antioxidants.

Golden Pear Drop – a trailing tomato variety ideal for pots and containers, Golden Pear Drop is a high yielding tomato producing sweet pear-shaped, yellow fruit.

Rapunzel – produces up to 40 individual cherry-sized tomatoes on 60cm long trusses!



Basil improves growth and flavour of tomatoes as well as deterring insects and preventing diseases.



Garlic can be effective in overcoming diseases in tomatoes.



Carrots and tomatoes are ideal companion plants to help each other grow.

THE KEY TO SUCCESSFUL TOMATO GROWING

1. Plant in full sun, in a free draining soil enriched with Tui Tomato Mix.
2. Keep tomatoes well-watered and feed every four weeks to replenish nutrients.
3. Remove the bottom leaves up to the first truss of tomatoes as the leaves start to yellow and turn brown.



EASY CARE INDOOR PLANTS



Breathe colour, life, texture and happiness into your home! We've put together our top 5 hard to kill indoor plants - perfect for busy lives and those just starting out on their plant parent journey.



SNAKE PLANT

Snake Plants are the superheroes of the indoor plant world. They can survive low light, tolerate drought, and don't mind being a bit neglected.



Low to Bright Indirect Light



Water when soil is dry



Dust leaves occasionally



ZZ PLANT

ZZ Plants are incredibly resilient and look great. They can handle low light, dry soil, and even the occasional missed watering.



Low to Bright Indirect Light



Water when soil is dry



Dust leaves occasionally



POTHOS

If you're looking for a plant that's as adaptable as it is gorgeous, Pothos is the one. It thrives in a range of conditions and is a pro at surviving accidental neglect.



Low to Bright Indirect Light



Water when top inch of soil is dry



Trim for shape, propagates easily



PEACE LILY

Peace Lilies are not only beautiful but also quite forgiving. They'll let you know when they need water and bounce back quickly from the occasional oversight.



Low to Bright Indirect Light



Keep soil consistently moist



Wipe leaves and watch for drooping



RUBBER PLANT

Rubber Plants are hardy, resilient and can grow large in the right conditions. They thrive in lower light and are quite forgiving if you miss a watering or two.



Bright Indirect Light



Water when top inch of soil is dry



Prune to shape and dust occasionally



What is bright indirect light? This light is essential for the health of many indoor plants, offering the right balance of brightness without burning or stressing the foliage. The light is bright but not directly from the sun for example, a plant placed a metre or two away from a sunny window.



FEED AND FORGET!

Tui Indoor Plant Fertiliser Pods are the perfect feed and forget option while our **Enrich Indoor Plant Pour & Feed** fertiliser is ready to use with no mixing required.



Q & A

SPRING - SUMMER

Spring and summer in the garden usually means warm weather, flourishing vege patches and beautiful blooms. However, things don't always go to plan, so we've put together answers to common questions for garden success over the warmer seasons.



Q. Why have the leaves on my rose suddenly got black spots and fallen off?

A. This is black spot, which is spread by irrigation or rain splash. Collect up fallen infected leaves to stop the spread and spray with a suitable fungicide. Keep your rose well-watered, fertilised and actively growing through spring, summer and autumn with **Tui Rose Food** and **Tui Organic Seaweed Plant Tonic**. Mulch around the rose to help conserve soil moisture.

Q. Why does my passionfruit have yellow leaves and little new growth?

A. Passionfruit need at least 18 months to two years to establish. Yellowing could be caused by too much or not enough fertiliser. Regularly apply **Tui Organic Seaweed Plant Tonic** every 7 days at a rate of 70mls per 9 litre watering can. Once you see it pick up then cut the seaweed back to every two weeks. Feed in spring with a nitrogen rich fertiliser like **Tui NovaTec Premium fertiliser** during the leafy growth phase until it starts to flower. Passionfruit are a short lived vine, fruiting for 5-7 years, then it is a good idea to replant a new vine.

Q. How do I treat blossom end rot on my tomatoes and courgettes?

A. Blossom end rot commonly affects tomatoes, capsicums and courgettes. It's a physiological disorder and can't be spread from plant to plant or from fruit to fruit. Often it is caused by a lack of calcium and magnesium. It can also be caused by irregular watering – the plant drying out and then being heavily watered. Improve air circulation around the plants, make sure watering is consistent and feed with a balanced fertiliser like **Tui Tomato Food** to correct any calcium and magnesium deficiencies.



Blossom End Rot

Q. How do I stop my herbs going to seed?

A. Herbs should be regularly trimmed or harvested to maintain fresh bushy growth. They will bolt and go to seed in the summer if the soil dries out too much, so they need a regular watering regime to avoid going to seed early. Soft herbs like chervil, coriander and dill are not long-lived plants, 2-3 months is about all you can expect to get out of them and over a hot summer, it can be even less. Feed herbs regularly with **Tui Vege & Herb Liquid Superfood**. If herbs go to seed, save the seed to sow new crops!

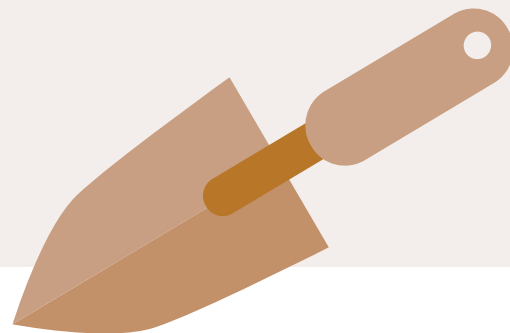
Q. Why does my lemon tree have plenty of fruit but no leaves?

A. Citrus are evergreen but do drop leaves, usually when they are stressed. This could be due to too much fertiliser, or not enough fertiliser, if there's frost, or it's too wet. We would suggest removing the fruit, and feeding the tree with **Tui Citrus Food**. Mulch around the tree and keep it well-watered. Regular doses of **Tui Organic Seaweed Plant Tonic** would also be beneficial.

Discover more answers to common garden questions using the Garden Question section on our website: tuigarden.co.nz/garden-question

DIGGING IN TOGETHER

We caught up with some gardening friends from our online community to find out how they will be 'Digging In' over the warmer months!



Jim • @jimnzdgarden • Auckland

Our new season resolution is 'Digging In' the perennial mindset of a gardener. Growing plants that come back year after year to give us food with less effort overall. Working full-time and growing a productive garden means we have to be extra efficient with our time. While nothing beats homegrown annuals like carrots, we will be growing more fruit trees and berries alongside the vegetable patch! We grow everything in raised beds because the ground is filled with rocks. We also have a lot of shade in the garden. My tip is to grow deciduous plants like apples and raspberries in a spot that gets less sun in the winter but more in the summer as they don't need sun while dormant. Reserve the sunnier spots for evergreens like citrus and feijoa. There are many challenges to gardening, but it would be hard to find a more rewarding hobby!

Ellen • @chronicallyellen_eats • South Auckland

Last spring and summer I did a lot of trials with new varieties and differing methods of growing potatoes, tomatoes and root vegetables with varying levels of success. In the greenhouse, in containers and just stuffed in the vegetable garden instinctively. I'll be hand-picking my favourites from last year to ensure a repeated bountiful harvest and trying the tastier ones that didn't do as well in new areas. My main vegetable patch had a break over winter, and I can't wait to cover it in home-grown compost, then top it up with a few of my favourite Tui products such as **Performance Organics Tomato & Vegetable fertiliser**, **Organic Mini Sheep Pellets**, and **Vegetable Mix** for a lush planting layer.



Jessie • @lemonbalm_and_lavender • Taumarunui

After some time living away, the winter months have brought a slow paced revitalisation of my Taumarunui maara kai. I've been busy refreshing my garden spaces and pathways for a few spring projects and plantings when the weather begins to warm. The project I am looking forward to most is digging into the soil along the new picket fence in front of my little railway cottage. I plan to plant along it in colourful layers of dahlias, stock, lavender, and herbs like English mint and lemonbalm. Other projects over the warmer growing months will be nurturing an expansive patch of heritage kumara varieties, and transforming a messy compost corner into a wildflower haven for pollinators!

Annabel • @thegardeningmumma • Christchurch

This year is particularly special for us as we are renovating and extending our house, which means our garden will be completely redesigned. We are taking this opportunity to create a fresh, vibrant outdoor space that will complement the new extension with great indoor-outdoor flow based completely around the garden. The redesign will include dedicated areas for new crops, relocation of the greenhouse, experimenting with more vertical gardening, and incorporating sustainable gardening techniques to make the most of our smaller space. I look forward to sharing the progress and our journey as we 'Dig In' to create a garden that will be a source of joy and inspiration for seasons to come.



OUR SUSTAINABILITY PROGRESS



REFILL & SAVE ON PLASTIC

Our Tui Seaweed refill station will have a new addition this spring for our indoor plant parents! To help reduce the number of plastic bottles used we will be offering gardeners the opportunity to refill **Tui Enrich Pour & Feed 1L** indoor fertiliser alongside **Tui Organic Seaweed** in store. Keep an eye out in our newsletter, and on our website and social channels for location updates!

TRY OUR NEW LOOK ESSENTIALS

We're excited to share that more variants in the Tui Essentials fertiliser range will be moving into our new look over spring and summer. This includes **Tui General Fertiliser 3kg**, **Tui Blood & Bone 2.5kg**, **Tui Lawn Fertiliser 3kg** and favourites from the 1.5kg range: **Tui NitroPlus**, **Tui Bulb Food**, **Tui Acid Food**, **Tui Potato Food**, **Tui Strawberry Food** and **Tui Tomato Food**.



Resealable pouch bag for less mess.



Flat bottom bag for easier storage.



Bag made from a minimum of 30% recycled plastic and recyclable through the Soft Plastics Recycling Scheme. Find drop off points for clean, dry bags at <https://www.recycling.kiwi.nz/store-locator>



GROWING THE NEXT GENERATION

We're proud of our ongoing support to the Garden to Table programme, empowering Kiwi kids to grow and learn in the garden!

The Tui team recently had a fantastic community day at Garden to Table school Gate Pā Primary in Tauranga! We spent the morning building, filling and planting a set of new garden beds for the children to grow fresh kai to use in the kitchen for their Garden to Table classes.

We planted plenty of salad essentials including lettuce and spring onions, as well as broccoli, cauliflower, kale, spinach and mesclun. We sowed some fun and quick growing varieties from the Tui Seeds range including peas, radishes and some flowers for the bees. Next up we'll be supporting the Garden to Table Seedling sale in October to help schools fundraise for their gardens.

SUPPORTING TREES THAT COUNT

We're excited to have recently funded an additional 165 trees through **Trees that Count**. As part of our efforts to improve the environment and support the habitat of our wild birds we are donating 50c from each **'Tui No Sprout Wild Bird'** product sold to Trees that Count. This brings our total number of trees funded to 285 to help reduce CO2 in the atmosphere.



OTHER ACHIEVEMENTS

- We're installing solar panels on the roof of our head office in sunny Mount Maunganui!
- Recycling any plastic packaging waste from our sites back to our suppliers to create new product bags.



SAVED **9195KGS** OF PLASTIC FROM LANDFILLS



SENT **4150KGS** OF PLASTIC BACK TO SUPPLIERS



450KGS OF PLASTIC HAS BEEN RECYCLED BACK INTO OTHER PRODUCT

10 WAYS TO GARDEN AS A FAMILY

Encouraging children into the garden is a wonderful way to teach them about nature and where their food comes from. Gardening together also offers a fun way to spend time together outdoors. Below are 10 projects to enjoy as a family.

1 Create a bird café by setting up feeding sites around your garden for both seed eating and nectar feeding birds.



2 Create a pizza garden! Plant a combination of tomatoes and tasty herbs for the perfect pizza toppings straight from your garden.

3 Paint up pots for a bright and colourful addition to the garden and fill with your favourite flowers.



4 Make seed bombs using clay and potting mix to propagate seeds in the garden. Calendula, sunflower, radish are examples of seeds which work well.

5 Once the weather warms, plant a variety of yummy cherry tomatoes or peas in the pod – the perfect garden snack for children.



6

Use ice block sticks or paint up stones to make plant markers.

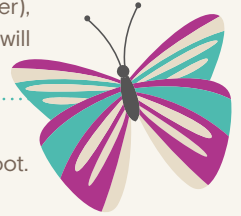


7

Create a berry patch – kids love delicious juicy berries and they are easy to grow! Get the children to help plant your patch with a variety of different berries like strawberries, raspberries and boysenberries and watch them disappear into their mouths come summer.

8

Create a butterfly garden. Swan plants, scabiosa, cornflower, tithonia (Mexican sunflower), tweedia, coreopsis are all plants that will encourage butterflies.

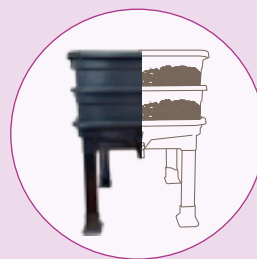


9

Decorate and plant up an old gumboot. Kids love playing with soil (and mud) once water is added. Poke some holes in an old gumboot for drainage.

10

Set up a worm farm – the whole family can help feed the worms and in turn the garden!



Share your garden project on Instagram and tag @tuigardenandhome

GROWING THROUGH THE SEASONS

Spring is a busy time in the garden, the days are getting longer, the soil is warming up and it's a perfect time to plant salad greens for summer, fragrant herbs and to fill your piece of paradise with colour to enjoy as the days get longer and warmer!

SPRING GARDEN CHECKLIST:

- ❑ Pull out weeds and any plants that are no longer needed. Leave in plants you still want as these can be planted around.
- ❑ Replenish the soil with **Tui Compost** and **Tui Sheep Pellets** to replace nutrients and help your plants reach their full potential.
- ❑ Successively plant seedlings every month or so in different beds, so you've always got veges in various stages of growth.
- ❑ Apply **Tui Quash** slug & snail control to help stop them munching on your carefully tended seedlings before you have the chance to enjoy them.
- ❑ Apply **Tui Organic Seaweed Plant Tonic** every four weeks to promote strong growth and help strengthen against extremes in temperature.
- ❑ Harvest your crops regularly to help promote fresh new growth throughout the season.
- ❑ Plan your garden!

GET 20% OFF TUI SEEDS WITH THE CODE **DIGGINGIN**



Growing from seed is a satisfying and economical option for fresh food and flowers at your fingertips! Discover the Tui Seed range of easy-to-grow Kiwi favourites and start sowing. Get 20% off Tui Seeds with the code DIGGINGIN. Offer ends 1 December 2024. Minimum purchase order \$10.

TOP SPRING SEEDS

Mix and match from these spring favourites for a flavour festival and pops of colour!

Chef's selection



Bee friendly

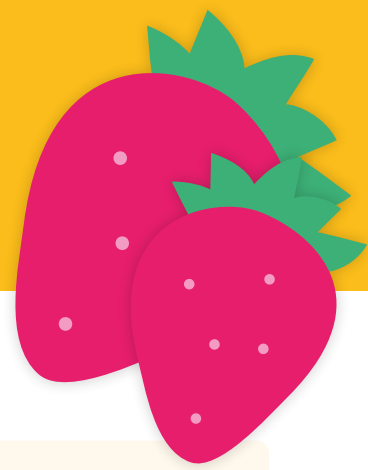


Salsa garden



Kids favourites





Summer in the garden means delicious spring vege crops are ready to harvest and enjoy. To keep up a continuous supply add sun-loving crops to your patch, and check out our harvest tips for summer's bounty.

SUMMER GARDEN CHECKLIST:

- Continue to apply **Tui Organic Seaweed Plant Tonic** to your garden every four weeks to promote overall healthy plant and root growth and help your plants cope with drought, pests and diseases.
- Make sure to water your plants regularly and consistently to avoid the risk of disease. Heat loving crops like tomatoes, capsicums and courgettes can be prone to blossom end rot which is caused by irregular watering or allowing them to dry out and then watering heavily. Learn more on page 8.
- Give your plants a good, deep soak every few days rather than a light watering every day. This will encourage deep roots and help plants better survive short term drought.
- Dig in **Tui Compost** to your soil before planting, it's an excellent water saver and improves the soil by increasing water holding capacity.
- Keep harvesting herbs and leafy salad greens to encourage more growth throughout the season. Also, the more you pick your strawberries the more they will grow!
- Replenish the nutrients used by your plants with regular feeding. Choose from the **Tui Liquid Superfoods** range to turbocharge growth for bumper harvests.
- Protect your plants roots and conserve moisture with layers of **Tui Mulch & Feed**.
- A summer must-have, apply **SaturAid** granular soil wetter which promotes even water distribution by channelling water to the root zone where it is needed most and will help reduce water use by up to 50%.

SUMMER HARVEST TIPS

- Harvest garlic without delay by January – at this stage in summer the bulbs won't become fatter. Garlic is ready to harvest once the tops start to die back. Don't be tempted to pull the bulbs out by the leaves, dig up with a fork and leave to dry on the top of the ground for a week or so, then plait and store somewhere dry and away from direct sunlight. Keep a few good heads of your own garlic to use as the stock of next year's crop!
- As soon as potatoes have been dug, dry them thoroughly and store in a cool, dark, well-ventilated spot. Carefully stored potatoes should last for up to six months.
- Pears and apples are best left to fully ripen on the trees, whereas stone fruit will continue to ripen if picked once the ripening process has begun on the tree. Once there is some 'give' in the stone fruit and it begins to soften it can be picked and laid in trays or boxes to ripen fully. To slow down the ripening process, store fruit in the fridge, but remember to bring it to room temperature before eating, it just tastes so much better!

SUMMER SUN LOVERS



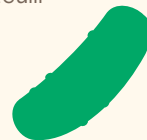
Capsicum



Watermelon



Strawberry



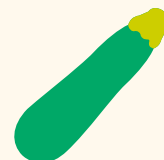
Cucumber



Tomato



Passionfruit



Courgette



Chilli

Discover what to plant each season and sign up to our fortnightly newsletter at: tuigarden.co.nz/planting-calendar/

PLANT A THREE SISTERS GARDEN

Discover the three sisters planting method this summer! A great space saving solution for growing corn, beans and pumpkin where the three companion plants work together to support each other's growth.

HOW IT WORKS



Corn is planted first growing tall stalks which act as a trellis.



Beans climb up the corn as they grow towards the light.



Pumpkin spreads out as a ground cover, shading the soil which helps retain water.

STEP 1

Prepare your garden bed by digging in compost and sheep pellets then top with a layer of **Tui Vegetable Mix**.

STEP 2

Soak your seedlings in **Tui Organic Seaweed Plant Tonic** to encourage healthy growth and help with transplant shock.

STEP 3

It's time to plant out your corn! Plant your corn in rows 30-50cm apart.

STEP 4

Once your corn has reached 20-30cm in height it's time to plant your beans! Direct sow 2-3 beans at the base of every corn seedling.

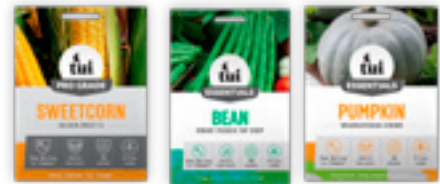
STEP 5

Make mounds of soil for each pumpkin plant, approximately 20cm high, and plant your pumpkin seedling on top of the mound.



Water in well, sprinkle with **Tui Quash** to stop slugs and snails munching on your lush seedlings. Continue to water well over summer and feed with **Tui Vegetable Food**.

SOW YOUR SEEDS!



Tui Tip!

If you're growing your corn and pumpkin from seed, start these around four weeks earlier. If you're not a fan of pumpkin, watermelon is a great substitute! Sunflowers are also a great option to add to the three sisters.

RECIPE: DIANE'S CORNUCOPIAN CURRY

Make the most of your summer harvests with Diane's Cornucopian Curry - a colourful, tasty dish using the corn, beans and pumpkin from your three sisters garden!

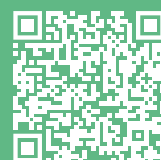
Ingredients

- 1 tsp cumin seeds
- 1 tsp mustard seeds
- 2 tbsp vegetable oil
- 1 red onion, chopped
- 2 cloves garlic, crushed
- 5cm root ginger, peeled & finely chopped
- 1 cup pumpkin, diced
- 1 cup tomato juice
- 1 cup green beans, sliced
- 1 cup corn kernels, sliced off the cob
- 1 long red chilli, seeded & finely diced
- 2 capsicums (red, yellow), seeded & diced
- 1 tbsp curry powder
- 1 tbsp ground turmeric
- Salt & pepper to taste

Method

1. Heat a large, heavy pan or wok. Toast cumin and mustard seeds until they pop.
2. Add oil and sauté chopped onion for a couple of minutes before adding garlic, ginger & diced pumpkin.
3. Sir-fry for a few minutes then add tomato juice and bring to boil.
4. Add chilli, capsicum and corn.
5. Sprinkle with curry powder, lower heat to simmer and cook for 5 minutes.
6. Add diced capsicum and beans.
7. Sprinkle with turmeric and cook for a further 5 minutes, adding salt and pepper as required.
8. Serve with rice, mango chutney, and poppadoms!

Discover more recipes for your summer harvests here



CREATE YOUR OWN PICKING GARDEN

Whether you're making bouquets for friends or just brightening up your home, bring the joy of flowers indoors by creating your own picking garden this summer!

Fill up a sunny spot in the backyard with colour you can use for floral arrangements, or if you're short of space set aside a few spots in the vege patch. You'll get gorgeous blooms to pick, and the flowers will help attract more pollinators to your help your crops grow.

CUT FLOWER FAVES

Choose long stemmed varieties with a long vase-life. Over summer some good options include:

Alstroemeria – a long lasting bloom with sturdy stems that come in a range of colours.

Cosmos – pops of colour from snow whites to lolly pinks, reds, orange and yellows.

Dahlias – available in a variety of interesting petal shapes and colours.

Feverfew – delicate, daisy like flowers that are great fillers.

If you're short on flowers, top up with, or create a whole bouquet from foliage. Magnolia or camellias are evergreen and have attractive, long-lasting foliage; rosemary will add a delicious savoury scent to your posy; and flax lasts well and adds a 'Kiwi' touch to a bouquet.

Hydrangeas – these last well once picked, dry well, and have attractive foliage.

Snapdragons – tall, sturdy, elegant stems that are easy to grow and last well in a vase.

Stock – a tall flower that comes in a variety of colours.

Sunflowers – make a dramatic statement on their own in a vase.



Sweet peas – frequent picking will encourage more blooms – a win-win!

Wildflowers – sow a pack of wildflower seeds and pick a bouquet showcasing a rainbow of colours.

Zinnias – durable and vibrant, they produce abundantly all summer long.

Edibles that have gone to seed make whimsical bouquets too! Coriander, parsley and rocket all have attractive flowers.

TOP FLOWER TIPS

🌸 Location, location, location!

Choose the right plant for the right place. If you have a shady garden, choose shade-lovers like alstroemeria and hydrangeas. For bright sunny spots choose cosmos, dahlias or zinnias.

🌸 Dig in

Prepare the soil prior to planting by adding in **Tui Rose & Shrub Mix** and **NovaTec fertiliser**. These goodies serve as the backbone for a blooming garden.

🌸 Water!

Water is the lifeline for flowers, keep the soil moist rather than wet by watering deeply once or twice a week rather than a little daily. Try to water early in the day, as overnight dampness can encourage disease and mildew problems.



PICKING AND ARRANGING

1. Select flowers with firm stems, vibrant petals, and healthy leaves.
2. Use sharp scissors or secateurs for cutting and trim stems to a 45° angle, removing any leaves that will be below the waterline.
3. Avoid having all flowers the same height – different heights will create visual interest.
4. Start by selecting a focal flower, then fill gaps with smaller filler flowers and greenery for texture and fullness. Step back often to view the arrangement from different angles and ensure it looks balanced.
5. Keep the flowers in a cool location away from direct sunlight and drafts and replace vase water every few days.





IT'S LIQUID SUPERFOOD

New Tui Liquid Superfoods

A complete liquid fertiliser enhanced with seaweed for optimum plant health.

Supercharged feeding for quick visible results.

NPK + seaweed, Fe, Cu, Zn, Boron.

Bottles made using 100% recycled milk bottles.

500ml concentrate, makes up to 225L.

Suitable for garden beds, pots and containers.

